





# CYBERSECURITY - SELF-HELP STARTER KIT

#### What is the issue?

Cybersecurity. A threat to anyone who goes online or who has their data stored online. And the need to do things to protect yourself and how to do it are of concern to all SMEs.

### Why does it matter?

Cybersecurity is the practice of protecting systems, networks, and programs from digital attacks. These cyberattacks are usually aimed at accessing, changing, or destroying sensitive information; extorting money from users; or interrupting normal business processes. It matters.

## Who is providing this insight?

This is a quick and clear inline self-help exercise provided by Aalborg university and the NSRP-project Com3 It covers:

- What is cybersecurity?
- Why focus on cybersecurity?
- Defensive cybersecurity
- Deception systems
- And a short quiz
- Why may it matter for me?

At any time there is data about you, your organisation, the people you connect with that could be illegally accessed by hackers. This can be a great cost for a business. Cybersecurity is complex at software level but a good deal easier to understand at management and operational level. This guide will encourage people in good practice.





#### What can I do next?

Take the course and do the quiz made by Shreyas Srinivasa from Aalborg University! You find it here: COM<sup>3</sup> Training solutions: Cybersecurity Readiness through Honeypots, Interreg VB North Sea Region Programme.

Then contact The FBD Team who can help you on your data-entrepreneurship journey contact us via www.futuresbydesign.net









































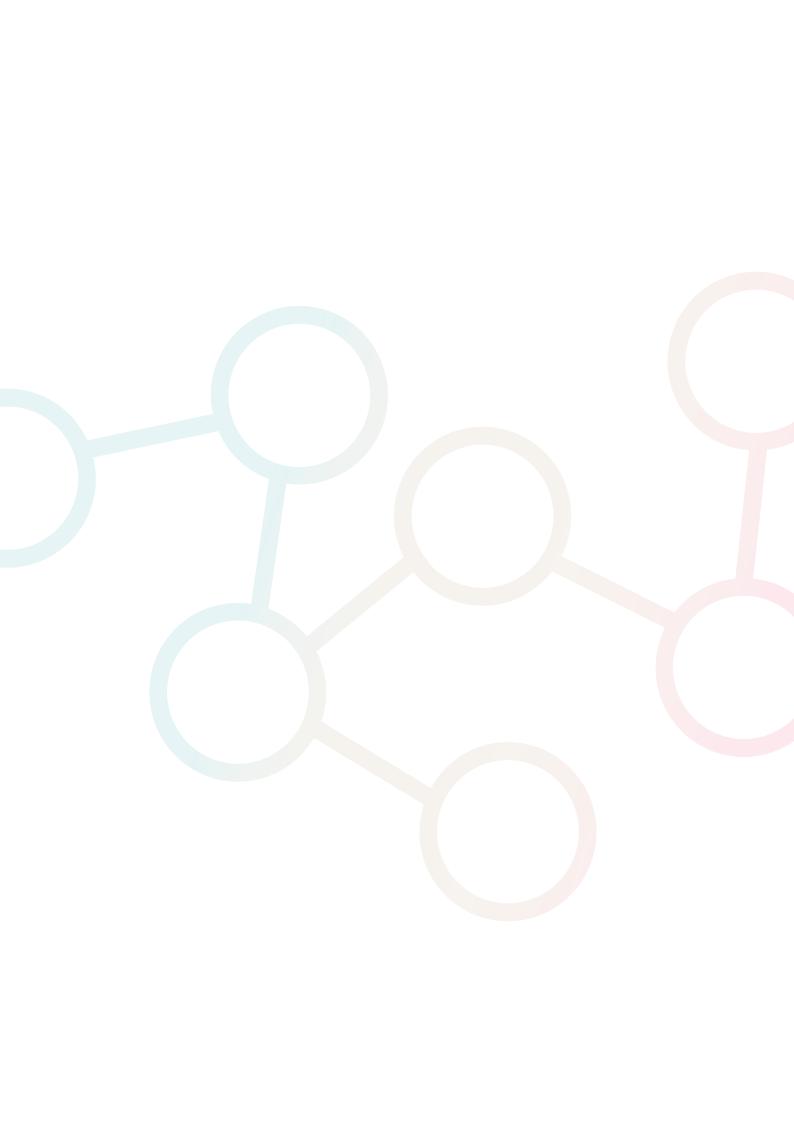






























Flemish Minister of Economy, Innovation and Work, Hilde Crevits



